



Volunteer Registration Form

As a volunteer, you'll have fun and feel personal satisfaction in helping runners achieve their goals.
You'll also receive a T-shirt!

Volunteer Areas and Description of Activities

Race-Day Packet Pickup

Distribute shirts, numbers, and timing chips
Sunday, March 11, 6:00 am to 9:00 am

Starting Line

Move fencing, gate monitors, build arch and teardown
Sunday, March 11, 5:30 am to 11:00 am

Course Monitor

Help keep the runners on course and safe
Sunday, March 11, 6:45 am to 1:00 pm

Water/Medal Distribution

Give runners water and medals after their finish
Sunday, March 11, 7:00 am to 1:00 pm

Sweat Check

Collect bags of sweats and return them after
Sunday, March 11, 6:30 am to 1:00 pm

Finish Line Teardown

Cleanup and removal of arch, cones, flags, etc.
Sunday, March 11, 1:00 pm to 2:30 pm

Aid Stations

Hand out water on course to participants
Sunday, March 11, 6:45 am to 1:00 pm

Finish Line Setup

At Raley Field setting up the day before event
Saturday, March 10, 9:00 am to 11:00 am

Volunteer assignments will be filled on a first come first serve basis.

To volunteer for the Shamrock'n Half Marathon

Please complete and return the form below by e-mail or fax along with your area of interest to:

Valorie Schneider

Volunteer Coordinator

Fax: (916) 442-6702 / E-mail: valorie.schneider@att.net

Shamrock'n Half Marathon Volunteer Registration Form**Sunday, March 11, 2012**

Your Name: _____ Age: _____ Organization/Group: _____

Must be at least 15

Address: _____

City: _____ State: _____ Zip code: _____

Home Phone: _____ Cell Phone: _____ Best Time to Call: _____

E-mail Address: _____ T-Shirt Size: _____

Area(s) I'd like to help (if more than one, please indicate preference): ___ No Preference, I'll work anywhere!

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| <input type="checkbox"/> Packet Pickup | <input type="checkbox"/> Aid Station | <input type="checkbox"/> Water/Medal Distribution |
| <input type="checkbox"/> Course Monitor | <input type="checkbox"/> Starting Line | <input type="checkbox"/> Cleanup |
| <input type="checkbox"/> Sweat Check | <input type="checkbox"/> Finish Line Setup | |